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# Praying by Hand: Rediscovering the Rosary As a Way of Prayer

*M. Basil Pennington*

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**M. Basil Pennington : Praying by Hand: Rediscovering the Rosary As a Way of Prayer** before purchasing it in order to gage whether or not it would be worth my time, and all praised Praying by Hand: Rediscovering the Rosary As a Way of Prayer:

2 of 2 people found the following review helpful. A great companion I did not have a formal catholic educationBy D. MarshallA great companion I did not have a formal catholic education.Have returned back to my catholic roots as I've aged. Clear instructions,brings me closer to the blessed Mother whom I have always had a bond with. By my bedside always.2 of 2 people found the following review helpful. Great historical overview of the beginnings of the rosary prayerBy hopeless romanticI found this book unique in that it gave the history of the rosary (a beautiful Catholic intercessory prayer), and showed it's Biblical foundations. It also contains some very interesting meditations written about the author's travels in the Holy Land. The book is short, but very informative, and also gives the Biblical passages that pertain to each part of the rosary. I would highly recommend this book for anyone who wants to learn more about the rosary and intercessory prayer.0 of 3 people found the following review helpful. Old BookBy Mary J. LangloisI ordered this for someone else, so I can't answer the questions.However, the book I received was obviously a used book and I had ordered a new one. I don't mind it being used, but I hope I don't get charged for a new one.

This book explains how the rosary as a meditative technique gradually developed with the Christian community over the course of the centuries. The author relates the rosary to the Scriptures and takes the reader step-by-step through the traditional 15 mysteries and explores alternative formats for individual and group use. He also offers special rosary

meditations suited to life stages such as vocation, pregnancy and mourning.

From the Publisher Pennington, a Trappist monk and spiritual guide, explores and reclaims the traditional way of praying known as the rosary as a viable form of modern spirituality.